

What's recommended?

Over the years, the UAE has become a melting pot of ethnicities, culminating in the globally-attuned F&B destination we see today.

Despite the wide variety of available cuisines, top preferences have remained largely consistent over the years and somewhat reflective of the UAE demographics. That said, interesting trends have emerged over the last year: veganism is on the rise and the popularity of East Asian food is expanding beyond Japanese and Chinese offerings. Last but not least, Emirati fare is also gaining popularity. Accordingly, many operators are aligning current and future offerings with these developing trends.



Popular cuisines (according to operators)

Arabic



Indian



Italian



Japanese



American

